

belief value attitude action

What's the difference?

Belief

What is accepted to be true or real
Something believed, an opinion

Value

An outgrowth of what we believe to be true
Attaching of value (positive or negative) to our belief
To change what you value, you must first change what you believe

Attitude

A way of thinking, acting or feeling which leads to the outward expression of values in relation to situations or things

Action

How we act on our feelings or thoughts

Let's try this out...

When you consider individuals with disabilities and the right to accessibility what are your...

- Beliefs?
- Values?
- Attitudes?
- Actions?

And again... about post-secondary education

Your

- Beliefs
- Values
- Attitudes
- Actions

One more time...

How about the word "retard"?

What are your...

- Beliefs?
- Values?
- Attitudes?
- Actions?

One cannot antagonize and influence simultaneously