Circle of Courage

Training for implementation of the Circle of Courage is called Response Ability Pathways (RAP). Information about RAP and other programs is available through Reclaiming Youth at www.reclaiming.com.

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www.boundaryfamily.org



Generosity is intended to provide children with opportunities to demonstrate altruism and helping behaviors. Children learn to understand the value of giving back to the community and being meaningful to someone else.

When our Sense of GENEROSITY is			
Normal	Distorted	Absent	
Altruistic	Noblesse oblige	Selfishness	
Caring	Indulgent	Affectionless	
Sharing	Plays martyr	Narcissistic	
Loyal	Co-dependent	Disloyal	
Empathic	Overinvolved	Hardened	
Prosocial	Servitude	Antisocial	
Supportive	Bondage	Exploitative	

The Spirit of Generosity:

Character is cultivated by concern for others so that the child can say, *I have a purpose for my life*.

Independence focuses on providing children with experiences to develop autonomy and essential life skills. Children and youth learn to accept responsibility. They are empowered to understand how their choices affect their destiny.

When our Sense of INDEPENDENCE is				
Normal	Distorted	Absent		
Autonomous	Dictatorial	Submissive		
Confident	Reckless/Macho	Lacks Confidence		
Assertive	Bullies Others	Inferiority		
Responsible	Power Struggles	Irresponsible		
Inner control	Manipulative	Helplessness		
Self-discipline	Rebellious	Undisciplined		
Leadership	Defies Authority	Easily Led		

The Spirit of Independence:

Free will is cultivated by responsibility so that the child can say,

I have power to make decisions.

Belonging emphasizes the importance of individuals having a sense of connectedness to someone or something—families, clubs, church groups, etc. A positive sense of belonging nurtures self-esteem, self-worth, and ultimately equips children with the ability to develop healthy relationships with others.

When our Sense of BELONGING IS				
Normal	Distorted	Absent		
Attached	Gang Loyalty	Unattached		
Loving	Craves affection	Guarded		
Friendly	Craves acceptance	Rejected		
Intimate	Promiscuous	Lonely		
Gregarious	Clinging	Aloof		
Cooperative	Easily misled	Isolated		
Trusting	Overly dependent	Distrustful		

The Spirit of Belonging:

The universal longing for human bonds is cultivated by relationships of trust so the child can say, *I am loved*.

Mastery refers to the importance of children and youth developing skills that help them produce and exercise competence, achievement, and control over self. Children gain mastery by learning new skills through daily life and enrichment activities in which their environment provides them with multiple opportunities to tap personal talents.

When our Sense of MASTERY is			
Normal	Distorted	Absent	
Achiever	Overachiever	Nonachiever	
Successful	Arrogant	Failure Oriented	
Creative	Risk-seeker	Avoids Risks	
Problem-solver	Cheater	Fears challenges	
Motivated	Workaholic	Unmotivated	
Persistent	Compulsive	Gives up easily	
Competent	Delinquent skills	Inadequate	

The Spirit of Mastery:

The inborn thirst for learning is cultivated; by learning to cope with the world, the child can say, *I can succeed.*